



LOCKER ROOM POLICIES

While USA Swimming and the Summer Hill Orcas Swim Club strive to allow only athletes use of the locker rooms during practice time, swim lessons, and competitions, the actual physical layout of a facility may prevent such exclusive use. In situations where a changing area/restroom is shared with the general public or with coaches and parents, it is likely others will use the space at practice times, during lessons, and during meets.

In such cases, coaches and staff will make every effort to recognize when an athlete goes to the locker room during practice and if they do not return in a timely fashion will check on the athlete's whereabouts. **A coach representative of the Summer Hill Orcas Swim Club will be on the deck in the area of the locker rooms and will sweep the area every fifteen minutes to guarantee swimmer privacy and safety.**

We discourage parents from entering the locker rooms even in multiuse situations unless it is truly necessary. In those instances, it should only be a same-sex parent entering the locker room. If this is necessary, the parent should not delay in the locker room. If an athlete needs assistance with his or her uniform or gear (for example, a child under the age of eight), or an athlete's disability warrants assistance, then the same-sex parent may enter to help the athlete but not delay in the locker room.

If the parent who needs to assist the athlete is not same-sex as the child who is over the age of 5 and there are no family changing areas available at the facility, the parent needs to speak with a coach or head lifeguard about clearing the locker room for the sex of the parent to assist their child in the locker room. If family changing areas are available, the opposite-sex parent and child shall use the family changing area.

Coaches and staff may need to enter the multiuse locker rooms during practice times, lessons, and meets while athletes are in the locker rooms. In these situations, coaches and staff will not delay in the locker room and will not interact with the athletes while in the locker room.

The Summer Hill Orcas Swim Club does not constantly monitor locker rooms and changing areas over extended practice times, but the Summer Hill Orcas Swim Club does make periodic sweeps of these areas. Staff and coaches conduct these sweeps, with women checking on female locker rooms and men checking on male locker rooms. The Summer Hill Orcas Swim Club maintains this same policy during competitions and during swim lessons.

Please remember that regardless of the type of locker room or changing area being used, the use of audio or visual recording devices, including a cell phone camera, is not allowed under any circumstances. This prohibition applies to everyone in a Summer Hill Orcas Swim Club facility and any facility the Summer Hill Orcas Swim Club is using for training and swim lessons during the time of such training and lessons.

As with all situations, if you see something that concerns you, please say something to your coach, swim instructor, or staff. The Summer Hill Orcas Swim Club strives to maintain a safe and inclusive environment for all athletes of any age. **Misconduct in locker room areas will be addressed following the Athlete Code of Conduct and Coaches Code of Conduct.**